



THRIVE WORKSHOP

BUILDING YOUR FIRST SOCIAL CHANGE PROJECT



Adil Mukhi

Meet The Facilitator:

Adil Mukhi is a public speaker, youth advocate, and changemaker who works to empower young people through leadership, mentorship, and innovation.


What You Will Learn:

- ⊕ Core leadership skills
- ⊕ Basic business planning
- ⊕ Communication & teamwork
- ⊕ How to create your first social change project



 **SATURDAY AUGUST 1st 2026**

 **2:00 PM – 5:00 PM**

 **communityharmonyouth@spcpeel.com
(905) 629-3044**

 **Sheridan College
7899 McLaughlin Rd, Brampton
ON L6Y 5H9
Room C328
(Free Parking)**